



Welcome to AEVA!

1. AEVA

Associação para a Educação e Valorização da Região de Aveiro
(Association for Education and Development of the Aveiro District)

- ✓ non-profit organization
- ✓ owner of EPA – the Vocational School of Aveiro.

The association has devoted most of its work to this technical and professional school - currently the largest in Portugal – by focusing on courses that meet the real needs of the territory the regional labour market.



EPA (Escola Profissional de Aveiro):

- ✓ Is an inclusive School.
- ✓ Promotes autonomy and helps the youngsters with fewer opportunities (special needs and youngsters from low income families and at risk of social exclusion) finding their way and position in the society, enhancing their capacity and skills to find a job.
- ✓ Receives annually over 100 young individuals with Special Educational Needs (SEN).
- ✓ In order to work with this specific target group, it counts daily with specialised technicians, psychologist and the help of volunteers from different backgrounds and ages.

The general profile of our VET students



Other departments, other brands:

AEVA gathers several other departments and brands.

Some of them:

- SERVIR (volunteering)
- Citizens Projects (project management)
- Canal Central (TV channel)
- European Information Centre
- Parque dos Talentos (events' animation)
- CEO (for SEN students)
- Others...



AEVA operates in 2 places


UniTER - Aveiro



UniTEC – Sever do Vouga



2. To be a Volunteer at AEVA



AEVA owns a brand called SERVIR whose main activity is the development of volunteering projects. It counts currently with 20 Portuguese volunteers, most of them retired people. They are much involved in the association projects, being very active, in an intergenerational learning and sharing approaches.

The volunteers from EVS, and its project management, will be supported by the team of SERVIR.

AEVA and European Voluntary Service (EVS)

AEVA has the Accreditation for EVS under Erasmus+ Youth in Action.

Since 2013, AEVA has coordinated and hosted 24 EVS volunteers and the whole group of volunteers have been involved in joint activities involving different AEVA departments.

AEVA wants to enhance volunteering work at a transnational level and in an inclusive way, having foreign people working with our young SEN individuals, promoting, at the same time, intercultural competences among all.

3. The EVS project

Inclusive Volunteering

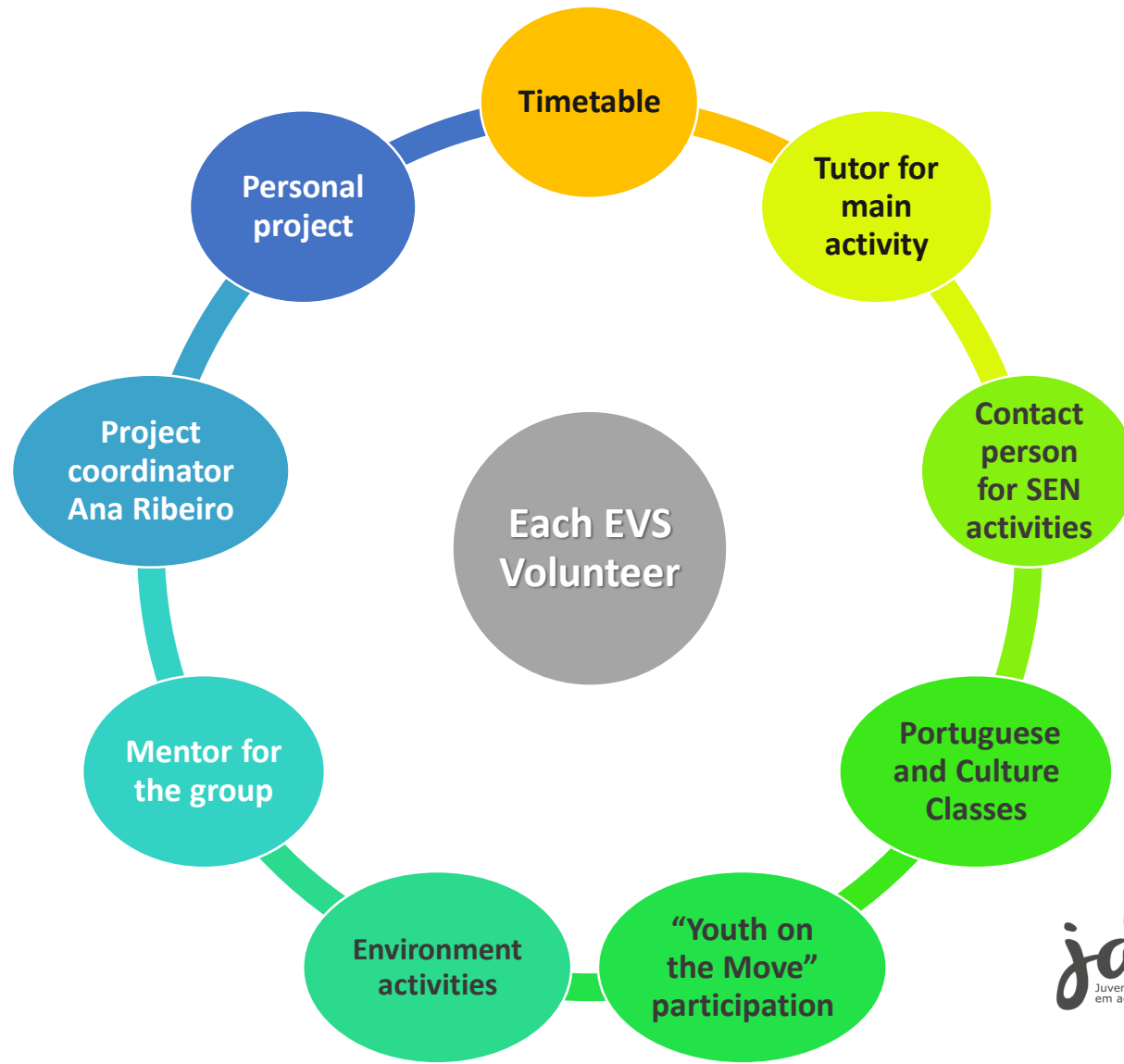
Empowering People Project V - 2018-2019



If you are from...



THIS OPPORTUNITY IS FOR YOU!



The EVS project

example of activities

Supporting the daily routines of SEN individuals in the different work spaces (bio farm, school, swimming pool, etc.) aiming the inclusion and integration of all in the association, promoting autonomy, etc.

Preparing and organizing events and activities in cooperation with European Information Centre of Aveiro: «Youth on the Move» in Schools, Libraries, Youth associations, University, Prison, etc.

Possibility of organization of an Italian/Spanish Course for the community. (in case of Spanish and Italian Volunteers).

Development of a personal project meeting the interests of both the volunteer and the hosting organization.

Active involvement in the Health Intervention School Project, particularly in the activities related to the promotion of healthy lifestyles (healthy eating, physical activity, safety, environment, prevention of accidents & consumer education), involving all youngsters in the association.

Involvement in the ECO school project and in the promotion of a sustainable environment, taking part in the organization of environmental events.

Some images from previous Projects





Voluntários europeus
em ação



SERVIR
voluntariado



EVS National Training

with EVS volunteers from different
european countries
placed in other regions of Portugal

- On Arrival Training (5 days)
- Mid-term Training (3 days)

Special Education Needs Training

- 1 day, at AEVA

Language and History/Culture Lessons

1. Portuguese Language Course – Erasmus Online Linguistic Support (OLS)

- 1st Assessment test
- Course Licence – individual online training
- 2nd Assessment test (in the end)



2. Portuguese Lessons at AEVA

- 1h30/week (Wednesdays)
- in group
- 2 levels (basic and intermediate)

3. History and Culture

- 1 lesson/week (Wednesdays)
- in group

Some practical issues



European Youth Card

AEVA Card

AEVA Email



Facebook group

Tutor's contacts



Canteen

- Access at lunch time/working days
- Any vegetarian?
- Any intolerance?

Please, if you are vegetarian, it is needed to inform when you are absent!

Please, do not take anyone from outside to have lunch at the canteen without permission!



Your Pocket Money + monthly allowance: 120 eur + 160 eur

To be asked at 4th floor, between 1st and 8th day every month

HEALTH

In case the volunteer does not feel well:

- inform the tutor who may take the volunteer to the assisting team in the school
- ask the project coordinator for a medical appointment (which may be possible in the same day or not, depending on the days)
- in case of an emergency or weekends, the volunteer should go to the Hospital (Centro Hospitalar do Baixo Vouga), near the University of Aveiro, taking the European Health Card.



EVS project insurance – **CIGMA**

AEVA does not pay for medical issues.



Calendar, Holidays and Absences

AEVA has 2 calendars (will be given to you):

- The school calendar
- The collaborators calendar

The volunteer has the right of 2 days of holidays/month of work = 20 days.

These days must not be taken during the school calendar, apart from specific exceptions.

The volunteer has to inform the Tutor and the project Coordinator when he/she will take holidays.



In case the volunteer is not going to work for any reason, he/she has to inform the Tutor previously.

The Portuguese and History/Culture Teachers are also volunteers! If a EVS volunteer needs to miss a class, he/she has to inform the teachers previously.

WHAT to WEAR



In the school it is not allowed to wear:

- **Shorts (men)**
- **Short skirts or shorts (women)**
- **Cap/hat**
- **Beach slippers**

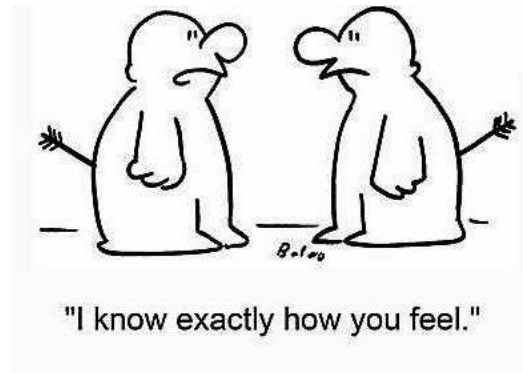


At School, everyone has to wear a specific

“uniform”. Your Tutor will inform you about this.



Living Together!

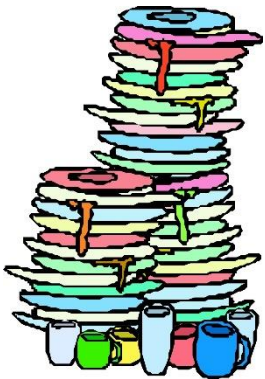




Read carefully the file about the Flat rules!



Sharing the flat!



PLEASE
WASH YOUR
OWN
CUPS & DISHES





Sharing the flat!

You are sharing the flat with other EVS volunteers from a different project.

MONITORING, EVALUATION, REPORTING & COMMUNICATION

A. QUESTIONNAIRES AND REPORTS

Periodically the volunteers will be asked to fill in questionnaires concerning their work and their stay in Aveiro:

- EVS Questionnaire nr. 1: +/- one month after the arrival
- EVS Questionnaire nr. 2: +/- in the middle of the project
- Volunteer self-evaluation: in the end of the project
- Erasmus+ report/questionnaire in the end of the project (online, from Erasmus+ Mobility Tool)
- Volunteer impact evaluation: 8-12 months after the end of the project





B. SHARING EXPERIENCES AND SUPPORTING DISSEMINATION

During the project the volunteers will be asked to share their experiences by writing short texts that can be published in AEVA's newsletter, SERVIR's website and facebook. When?

- Arrival period – short text about expectations + 1 photo
- Christmas time – short text + photos
- Carnival – short text + photos
- Easter time - short text + photos
- 1 text page about the experience in the end of the project + photos

Volunteers are expected to cooperate also when asked to participate in short films produced by AEVA or other initiatives regarding communication and dissemination.

C. DOCUMENTS

Before leaving, you will have:

- ✓ Youthpass (volunteer fills in and AEVA validates)
- ✓ AEVA Portuguese attendance classes Certificate
- ✓ AEVA Certificate as EVS volunteer under Erasmus+
- ✓ Reference letter (if requested/agreed)

EVS Info Kit

Any questions?





4. Integration period

See the document “Welcome calendar” (to be given after selection process)



Aveiro is in the Centro Region of Portugal, 70 km to the south of Porto and 60 km north of Coimbra. The city has a population of approximately 80,000 inhabitants, where 15,000 are students at University of Aveiro, one of the most important Portuguese Universities.

Porto

Aveiro!

Coimbra

Lisboa

Part of the city is bathed through canals and we easily find bridges and painted boats called “moliceiros”, as it is perched on a peaceful lagoon and historically famous for its salt production. These “moliceiros”, beautifully painted gondola-like boats, were once mainly used to collect seaweed, but now transport tourists down the canal.





A few kilometres from the Atlantic Ocean, which you can easily reach by car or by bus (and also by boat), the real charm of Aveiro lies on its coast, with its fantastic sandy beaches. This local coast is well known as Silver Coast, due to the beautiful and clean beaches.

The beach of Barra is known for its country's tallest lighthouse (the second-tallest in Europe and third in the world) and the beach of Costa Nova is known for its attractive candy-striped houses.





Welcome to Aveiro!